

EDEM CLINIC

UKRAINE

«EXPRESS BODY REGENERATION» PROGRAM *3 day*

Are you tired of everyday super speed life in the megacity? Then you need this program. It will allow you to renew your body for a short period of time.

Express manipulations are aimed at stimulating your body at fast pace.

A variety of balneotherapy and massages in the program "Express Body Regeneration" will enhance and boost the regeneration processes of your body, will give strength and energy.

Procedures:

The number of procedures:

▪ Wonder body sculpting	2
▪ Dry carbonic acid gas bath	1
▪ Energy shower (sport Charcot's shower)	1
▪ Underwater manual lymph drainage massage	1
▪ Mud and phytotherapy with floating	1
▪ Deep Tissue Back and Leg Massage Mono Local SPA	1
▪ Procedure for forming a flat stomach «Krioplast»	1
▪ Slim silhouette / Sports massage + wrapping with seaweed powder	1

Additional options:

- Visiting a SPA zone (a swimming pool, a gym, a Roman sauna, a bath, a Finnish sauna, armchairs hammam, a hydromassage mini swimming pool, Swiss shower (circular shower), Kneip track and a phytobar)
- Group fitness training classes (Scandinavian walk, training with Black Roll, aquaaerobics, TRX, Bit Zone, morning gymnastics, Fly yoga)
- We recommend visiting the Panorama restaurant for balanced meals during the program

Note:

- The Program cost excludes accommodation.

The total investment in your health:
32 000 UAH

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